

PATROL SAFETY PROGRAM

The Patrol Safety Program is basic information to help Patrol Committee members conduct their trail activities in the safest possible manner.

Guidelines

Wear appropriate footwear and clothes for the type of hiking you plan. Hiking boots must provide good ankle support and have a well defined heel for traction on steep slopes. Proper boots should be at least 6 inches high from the bottom of the heel to the top of the back of the boot. A hat and sunscreen, protection from brush and rain gear are important. Carry a pen and pad to jot down trail information. A couple of heavy-duty plastic garbage bags will keep you dry and from freezing to death, or carry a space blanket.

Carry an adequate supply of water. Drink small amounts frequently to keep from getting overly thirsty. A good rule in hot weather is to carry about a quart for every two hours you expect to be on the trail. On longer hikes, carry enough food to provide you with an energy lift.

Identification as a volunteer is required by the Forest Service. Name badges plus a volunteer patch which can be worn, placed on a cap or on your clothing. Members are covered by Forest Service insurance in case of injury.

Be familiar with or find out about the trail you plan to hike. Know the length of the trail, elevation change and the degree of difficulty. This can be done at the Visitor Contact Office. Know the laws and regulations governing the area where you hike. Wilderness has different rules. Be aware of hazards from plants and animals. Learn about what to do in case of a lightning storm.

Let someone know where you plan to hike. If possible, don't hike alone. Let companions know if you have any physical or personal limitations.

Carry a First Aid Kit such as the one described in Safety Equipment. If you are qualified to administer first aid, a more complete kit, including Personal Protection Equipment, will be necessary. Do not attempt to give first aid to anyone unless you have had proper training and have their permission. (Unconsciousness implies consent).

If you encounter a visitor who is hostile to your comments or suggestions, or is-doing something that is illegal or against Forest Service regulations, **do not attempt to enforce the regulations or apprehend the individual. Exit without getting into a confrontation.** Take note of any identifying information, such as a description of the individual or an auto

Carry a cell phone, if you have one. (Although you can't count on coverage in all areas, there has been improvement recently).

Important Telephone Numbers

General Emergency.....	911	Yavapai Sheriff.....	567-7710
Sedona Ranger District.....	282-4119	Highway Patrol.....	773-3600
Sedona Police	282-3100	Samaritan Poison Ctr....	1-800-362-0101
Coconino National Forest – Flagstaff...	527-3600	Illegal Dumping.....	771-3430

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